
KCAC CODE OF CONDUCT & INTENT LETTER

I _____ am committed to being a member of Kansas City Athletic Cher. I will follow all policies and meet all financial obligations. I will have outstanding sportsmanship and be committed to my team.

- ★ TEAM FIRST! Place the well being of your athlete and their teams before your personal desire to win.
- ★ Time is essential to both KCAC and parents. I will do all that is necessary to be on time always.
- ★ Always show respect for the coaches, fellow teammates, other KCAC athletes, parents, judges, officials and spectators.
- ★ Encourage good sportsmanship by demonstrating positive support for all athletes, teammates, coaches, judges, officials & other parents in the gym and at all events.
- ★ All squad and routine decisions are left to the responsibility and discretion of the coaches.
- ★ Every year we go through losses and additions of team members. The dismissal/addition of a team member is solely at the coaches discretion.
- ★ Practices may be added or changed at any time during the season with notice. Always be ON TIME for practice – No jewelry, hair up, shoes on, appropriate practice wear on and personal cell phone put away.
- ★ I will arrive to practice and/or competitions READY to give my all. I will be in the VIP area supporting my KCAC teams at all competitions. I will stay in uniform for the entire competition and will not deface my uniform.
- ★ No athlete or parent may post inappropriate messages on Facebook/Snapchat/Instagram/GroupMe/Team pages or any other website/social media site/app about another program or individual.
- ★ Parents, relatives, friends and cheerleaders are never allowed to speak with competition officials for any reason.
- ★ The KCAC logo is not to be reprinted on any apparel or other items for apparel distribution or sale. All items will be sold through KCAC.
- ★ Anyone threatening to quit or pull their child from a squad will be dismissed from the program immediately.
- ★ Do not post KCAC team videos on YouTube or any other website prior to the end of season and without permission from KCAC.
- ★ Treat all athletes and coaches from opposing teams with respect.
- ★ Be modest when successful and be gracious in defeat.
- ★ Respect the privilege to participate at KCAC. Do not touch or take anyone's personal belongs for ANY reason.
- ★ Do not tumble or stunt without a coach present.
- ★ The use of drugs, tobacco, alcohol & abusive language by athletes is prohibited. No fighting, physical or verbal.
- ★ The gym front lobby is an open forum. Show respect to our athletes and staff and refrain from negative remarks in the front lobby area.
- ★ Our staff will have sole communication with competition companies. Parents are not permitted to contact our vendors directly. Please reach out to your teams coach or KCAC owner if you have any questions.
- ★ If you have a problem, with anything, please do not hesitate to contact the owner or your coaches.
- ★ No GOSSIP about any other team or gym.
- ★ No GOSSIP about another team member/parent/coach.
- ★ If you are upset with a coach, wait 24 hours before contacting them. Do not contact them after 9pm. Do not contact them while under the influence of alcohol or other substances.
- ★ It is the athlete and parents responsibility to know what is going on with their team at all times. Check with your coach, team parent, the KCAC Padlet, team Facebook pages, GroupMe and emails often and regularly.
- ★ The athlete and parent are choosing KCAC as your gym family. And as such, I will respect and honor decisions made by KCAC coaches and owner.
- ★ Travel with KCAC via car, bus or plane to competitions is expected. I will be responsible financially for this service.

I have read and understand my role as an athlete and parent at Kansas City Athletic Cheer; I will do my best to uphold my end of this commitment.

Athlete's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____

KCAC CONTRACT AND WAIVER

Athlete Name: _____

I am the parent/guardian of the above named participant. I hereby represent that my child has my permission to participate in the Kansas City Athletics LLC cheerleading program and its related events. I further warrant to the best of my knowledge and belief, my child is physically and mentally able to participate in the Kansas City Athletics LLC cheerleading program. I also represent that there is no medical evidence which would prevent my child from participating in any Kansas City Athletics LLC program events. In permitting my child to participate, I am specifically granting my permission (both during and any time after) to the Kansas City Athletics LLC cheerleading program to use my child's likeness, name, voice, or words in either television, radio, film, internet, magazines, and other media in any form for the purpose of advertising or communicating the purpose and activities of Kansas City Athletics LLC cheerleading program. (Please note: We will never use your child's last name without permission.)

If a medical emergency should arise during my child's participation in any Kansas City Athletics LLC's cheerleading event, at any time when I am not personally present so as to be consulted regarding my child, I hereby authorize Kansas City Athletics LLC to take whatever measures necessary to ensure my child is provided with any medical treatment, including hospitalization, which the Kansas City Athletics LLC's cheerleading program deems advisable in order to protect my child's health and well-being.

Waiver and release of claims and right to sue: the commissioners, organizers, directors, agents, and employees of Kansas City Athletics LLC cheerleading program and its host facilities and hereby released, acquitted, and discharged from any claim for damage, or suit by reason of any injury, illness, death, or damage to person or property during their participation in the Kansas City Athletics LLC's program, and in that regard, I hereby covenant on my own behalf and on the behalf of the athlete named above and not to file a claim or bring a suit with respect to any such injury or damage. If for some reason, a claim is filed, I, the parent/guardian of the above named child will assume all financial responsibilities for all attorneys involved.

I, as the parent/guardian of the above named child take full responsibility for all finances required in order for my child to be able to participate in the Kansas City Athletics LLC cheerleading program. These finances include but are not limited to the monthly fees, competition fees, and the uniform fees. By signing this document, I understand that I am responsible for the entire season's fees, unless my athlete becomes ineligible to compete due to unforeseen medical circumstances. I also acknowledge that it is my responsibility to see to it that my child attends all practices and events for the Kansas City Athletics LLC cheerleading program.

I, the parent/guardian of the above named child, have read and fully understand the provisions of the above release and have explained these provisions on my behalf and on the behalf of the athlete named above.

Athlete's Name (Printed): _____ Parent/Guardian Name (Printed): _____

Athlete's DOB: _____ Parent/Guardian DOB: _____

Athlete's Signature: _____ Parent/Guardian Signature: _____

Date: ____/____/____

Date: ____/____/____

KCAC SOCIAL MEDIA POLICY & GUIDELINES

Kansas City Athletics LLC (KCAC) owner and staff recognize and support the athletes rights to freedom of speech, expression, and association, including the use of social networks. However, practicing and competing with Kansas City Athletic Cheer is a privilege. Athletes at KCAC are held in the highest regard and are seen as role models in the community. As leaders, you have the responsibility to portray your team, and Kansas City Athletic Cheer in a positive manner at ALL times. Sometimes this means doing things that are an inconvenience to you, but benefit the whole program.

Facebook, Instagram, Snapchat, Twitter, GroupMe, Group Messages and other social media sites have increased in popularity globally and are used by the majority of athletes at KCAC in one form or another.

Please note that routine videos may not be posted on ANY social media site.

Athletes should be aware third parties (coaches, parents, cheerleaders, peers, etc.) could easily access your profiles and view all personal information. Everything you post is public information, even if you limit access. This includes, but is not limited to, all texts, pictures, videos, comments and posters. Once you post a photo or comment on a social networking site, that photo or comment becomes the property of the site and may be searchable even if you remove it. Inappropriate material found by third parties affects the perception of cheerleaders and the Kansas City Athletic Cheer program.

Examples of inappropriate and offensive behaviors concerning participation in online communities may include, but are not limited to, depiction or presentations of the following:

- Negative comments in group chats or to individuals.
- Photos, videos, comments or posters showing the personal use of alcohol, drugs and tobacco, e.g., no holding cups, cans, glasses, etc.
- Photos, videos, comments or posters that condone drug-related activity. This includes but is not limited to images that portray the personal use of marijuana and drug paraphernalia.
- Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: comments regarding other programs; taunting comments aimed at other cheerleaders, coaches, or teams at other programs and derogatory comments against race and/or gender). NO POSTS should depict or encourage unacceptable, violent or illegal activities (examples: hazing, harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, illegal drug use.)
- Information that is sensitive or personal in nature or is proprietary to the KCAC program, which is not public information (example: any routine information).

If an athlete's social media post and its contents are found to be inappropriate in accordance with the above behaviors, she/he will be subject to KCAC's disciplinary policy.

For your own safety, please keep the following recommendations in mind as you participate in social media websites:

- Set your security settings so that only your friends can view your profile.
- You should not post your email, home address, local address, telephone number(s) or other personal information as it could lead to unwanted attention, stalking, identity theft, etc.
- Be aware of who you add as a friend to your site.

If you are ever in doubt of the appropriateness of your online public material, consider whether it upholds and positively reflects your own values and ethics as well as those of the Kansas City Athletic Cheer program. Remember, ALWAYS present a positive image and DO NOT do anything to embarrass yourself, the team, your family or KCAC.

A KCAC coach can be granted access to follow any and all of an athlete's social media accounts, including, but not limited to my Instagram, "Finstagram", SnapChat and Facebook accounts. I understand that if I would not want my coach to see it, it should not be something I am posting on any form of social media.

By signing below, you affirm that you understand the KCAC Social Media Policy and Guidelines and the requirements that you must adhere to as a Kansas City Athletic Cheer athlete. Also, you affirm that failure to adhere to this policy and guidelines may result in consequences that include suspension or removal from your team.

Printed Name (Athlete): _____ Printed Name (Parent): _____

Athlete Signature: _____ Parent/Guardian Signature: _____

Date: _____ Date: _____

KCAC

Athlete Information Sheet 2021-2022

ATHLETE INFORMATION (ONLY one information sheet per athlete)

Cheerleader Name (Full Legal Name): _____

Nickname: _____ Date of Birth: _____ Age: _____

Cheerleader Cell#: _____ Email: _____

School: _____ Grade: _____ School Cheer Y / N

Street Address: _____

City: _____ State: _____ Zip Code: _____

Medical Conditions/Allergies: _____

Previous Injuries: _____

CONTACT INFORMATION (1ST Contact is PRIMARY)

1. Name: _____ Relationship: _____

Email: _____ Cell: _____

2. Name: _____ Relationship: _____

Email: _____ Cell: _____

3. Name: _____ Relationship: _____

Email: _____ Cell: _____

Were you referred to KCAC by anyone? If so, who? _____

Athlete Medical Information

Family Physician: _____ Phone: _____

Dentist: _____ Phone: _____

My child has health insurance: Yes / No

Health Insurance Company: _____ Policy: _____

My child receives care for the following medical conditions: _____

KCAC Financial Commitment & Payment Information

Authorization Form for Auto Draft Recurring Payments

Financial Commitment

I have read and fully understand my financial commitment to Kansas City Athletic Cheer as outlined in this packet. I understand that me, my child, and her other parent/guardian are committed to the 2020-2021 All Star competitive season. I understand that I am giving my preferred payment information, which is either my bank account information or debit/credit card information, and that information will be used to collect payment if I do not make payment in full prior to scheduled payment date. I understand that I will forfeit any monies paid if I choose to leave a team or am asked to leave the program. I understand that I am entering into this program of my own free will. I am committing my time & my fees to the 2021-2022 All Star season in its entirety. I CAN afford to participate and realize it is rather expensive including travel.

Parent Signature: _____ **Date:** _____

I, _____, authorize Kansas City Athletic Cheer to draft my credit/debit account listed below based on agreed upon draft schedule (June 2021 – May 2022). The authority I give to charge my account will remain in effect until KCAC is notified in writing to terminate the authorization. I will give at least a 15 day notice if I need to change the account being drafted. If the amount of my payment or payment schedule changes, I will be notified at least 10 days before payment due date. I understand if my payment method is deficit (insufficient funds/declined), I would incur a \$15 instant administration fee. Failure to communicate and/or keep my account paid up to date can result in removal from the team.

CREDIT/DEBIT: _____ VISA: _____ MASTERCARD: _____ DISCOVER: _____

Cardholder Name: _____

Card # _____ Exp Date: ____/____ CVV: _____

Billing Address: _____

City/State/Zip: _____

Second payment option, use this for _____ payments only

Cardholder Name: _____

Card # _____ Exp Date: ____/____ CVV: _____

Billing Address: _____

City/State/Zip: _____

Signature, Payment Responsible Party

Date

